

If you would like to talk with someone about the issues addressed in the National College Health Assessment, please reach out to one or more of the following campus resources:

For Emergencies or Urgent Concerns

- Auraria Campus 24/7 Mental Health Line: 303-615-9911
- Colorado Crisis Services: call 1-844-493-TALK (8255) to speak to a trained professional, text TALK to 38255 or visit any Walk-In Center 24/7
- Phoenix Center 24/7 Helpline (interpersonal violence concerns): 303-556-CALL (2255)
- Auraria Campus Police Department:
303-556-5000 or 911 from a campus phone

*Request mental health Co-Responder for mental health emergencies.

CU Denver Student and Community Counseling Center:

Website: <https://www.ucdenver.edu/counseling-center>

Phone: 303-315-7270

Located in Tivoli 454

The SCCC uses a brief, goal-directed counseling model that helps students achieve their academic and personal goals. CU Denver students receive 10 free sessions per calendar year.

Phoenix Center at Auraria

Website: <https://www.thepca.org/>

Phone: 303-315-7250

24/7 Helpline: 303-556-CALL (2255)

[Email:info@thepca.org](mailto:info@thepca.org)

Located in Tivoli 227

The PCA provides free and confidential resources and assistance to survivors of interpersonal violence (relationship violence, sexual violence, and stalking), as well as their friends, families, and concerned others.

TELUS Health Student Support App:

Website: <https://www.ucdenver.edu/counseling-center/services/TelusHealthStudentSupport>

Phone: 866.743.7732

(if calling from outside US or Canada, call 001.416.380.6578)

Download the Telus Health Student Support app from [App Store](#) or [Google Play](#)

Telus Health connects students with free, confidential mental health and wellbeing support conveniently available 24/7 via the **Telus Health Student Support app**, telephone, and web.

Office of Equity

Website: <https://www.ucdenver.edu/offices/equity>

Phone: 303-315-2567

Email: equity@ucdenver.edu

Located at Lawrence Street Center, 1380 Lawrence Street Denver, CO 80204

The Office of Equity facilitates equal access to education and employment. You can make a sexual misconduct or discrimination report and learn more about reporting options [HERE](#).

CARE Team and Office of Case Management:

Worried about yourself or another student? Submit a CARE referral [HERE](#) and a case manager or member of the team will reach out to you.

Phone: 303-315-7306

Email: shareaconcern@ucdenver.edu

Located in Tivoli 309

