

Center For Identity & Inclusion

WELCOME TO OUR

Monthly Newsletter

Filipino-American History Month

Filipino-American History Month is celebrated and held annually from October 1st to October 30th. It honors the history, culture, and contributions of Filipinos and Filipino-Americans. This month highlights Filipinos' rich traditions, art, and achievements, encouraging appreciation and understanding among a wider audience.

October was chosen to commemorate the arrival of the first Filipinos who landed in what is now Morro Bay, California on October 18, 1587.



One fun tradition Filipinos engage in to celebrate is the "Bayanihan" spirit. It involves community cooperation and helping one another. This is often exemplified through communal activities like street festivals, and cultural performances where families and friends gather to share food music and dance.



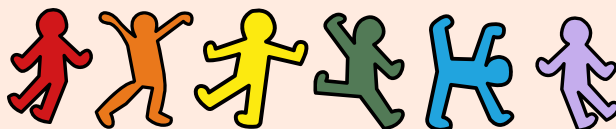
CII Mission

CU Denver's [Center for Identity & Inclusion](#) provides a home away from home for all identities on campus. Our offices serve American Indian, American Asian, Black, Latinx, Undocumented, & Multiracial students on campus. We stand with the Women & Gender Student Services in our support of female identifying individuals & intersectional identities.



Did you know?

October 11th is National Coming out Day which celebrates lesbian, gay, bisexual, transgender, and other identities within the queer community in “coming out of the closet.” First commemorated in the United States during 1988, the idea of Coming Out Day is based upon feminist and gay liberation spirit of “the personal being political” with emphasis on activism and its most basic form: coming out to family, friends, colleagues, and living openly as a LGBTQ+ person.



October 14th is Indigenous Peoples’ Day which honors and celebrates Native American peoples of North America. The holiday commemorates Indigenous peoples’ identities, histories, cultures, resiliency, and invaluable contributions. Long before European colonizers settled this land, thousands of Tribal Nations made this continent their home. Tribal nations created powerful, prosperous, and diverse cultures that developed knowledges and practices that still benefit contemporary society.



October 2024 Event Calendar



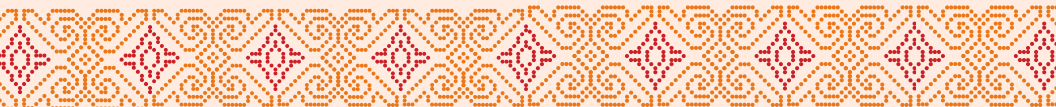
Monday	Tuesday	Wednesday	Thursday	Friday
	1.	2.	3.	4.
<p>7. 12:30-1:45 pm Conversation with Dr. Will Flavell, Maori @ SCB Rm 1401</p> <p>11:30-1:30 and 3:00-5:00pm SASE & Scholars Community Study Session SCB 2000</p>	8.	<p>9. 3 PM- 6PM The Body Project Register @ tinyurl.com/BodyProject24-25</p> <p>12:30 AM- 1:45 PM Becoming Mexipino @SCB Rm 1401 or zoom</p>	<p>10. 11am- 1pm DAS Mixer @SCB Rm 2000</p> <p>3:15-4:30 Facing Imposter Syndrome SCB 200</p> <p>3:30m- 5:00 CASL&KACFC Identity & Leadership @SCB 1401</p>	11.
<p>14. 12 PM- 2 PM It's a Gordita Craft: From Dough to Delicious @ Tivoli Multicultural Lounge</p>	<p>15. 2:30 PM- 4:30PM "I Stand with Immigrants" Day of Action @ Student Commons Building Room 2600</p>	<p>16. 11AM- 1PM We Didn't Cross the Border, the Border Crossed Us: Panel @ Student Commons Rm 1401</p>	<p>17. 5:30 - 7 pm Pads, Periods, and Pizza</p>	18.
<p>21. 11:30-1:30 and 3:00-5:00pm SASE & Scholars Community Study Session @ SCB 2000</p>	<p>22. 11:30am - 1 PM Not Your Costume @ Student Commons Rm 2018</p>	23.	24.	<p>25. 10 AM-5 PM Women and Gender Equity Leadership Summit @ St Cajetan's</p>
28.	29.	<p>30. 10 AM-3PM Dia de los Muertos @St Cajetan's</p>	31.	

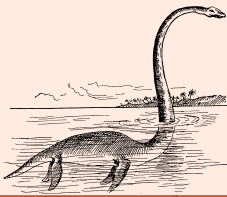


Follow our Instagram

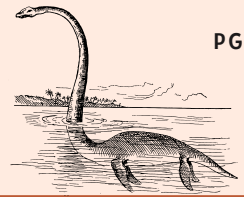


Scan here for University Events Calendar





Student Spotlight



Lenée Cook is a third-year doctoral student in School Psychology at CU Denver. She uses she/her pronouns and is also a mother. Lenée returned to CU Denver to enroll in the psychology program, which emphasizes inclusive support for culturally and linguistically diverse students. A memorable project she worked on involved surveying 200 students for the Caring4Caregivers program, highlighting a community need she's passionate about. She is excited about teaching at the School of Education & Human Development and works as a graduate assistant at CII. Outside academics, Lenée enjoys collecting rocks and fossils, hiking, and writing.





Scholarships

Reisher Scholars Program

Need and merit based scholarship for undergraduates working towards first bachelors degree.



Puksta

Scholarship for students committed to social justice and civic engagement. Recipients can earn up to \$5000.

Campus Clubs

Asian Student Association (ASA)

at CU Denver aims to educate, support, and advocate for the Asian American community while celebrating and embracing all cultures.



Vietnamese Student Association (VSA)

at CU Denver connects students from diverse backgrounds through meetings and events. VSA is open to all and offers opportunities to network, learn about Vietnamese culture, and support the Asian Pacific American Higher Education (APAHE) community.



CII Cultural Stole Information

 Center for Identity & Inclusion
UNIVERSITY OF COLORADO DENVER

American Indian Student Services
Asian American Student Services
Black Student Services

Undocumented Student Services
Women and Gender Student Services
Latinx Student Services

GET INVOLVED WITH CII



Who: Graduating students in Fall 2024 or Spring 2025
What: Earn a special cultural stole

How:

1. **Participate in three CII-sponsored events.** Find them on the university calendar under DEI, CII, AASS, AISS, BSS, USS, or WGSS. (link and QR code to website provide)
2. **Complete an evaluation for each event** to document your attendance (link or QR provided later)
3. **RSVP for your stole and the CII Graduation Ceremony** invitations will be emailed to students who have petitioned to graduate 2 months before graduation
4. **Attend the CII Graduation Ceremony** to receive your cultural stole.

CELEBRATE CULTURAL DIVERSITY, CONNECT WITH YOUR COMMUNITY, AND SHOW YOUR CULTURAL PRIDE.

STAND OUT AT GRADUATION WITH A CULTURAL STOLE

EARN A CULTURAL STOLE BY PARTICIPATING IN CENTER FOR IDENTITY & INCLUSION (CII) EVENTS.

SAVE THE DATES

Center for Identity & Inclusion Graduation & Awards Ceremony
Fall 2024: Tuesday, December 10, 2024, 5:30–7:30 PM, St. Cajetan's
Spring 2025: Tuesday, May 6, 2025, 5:30–7:30 PM, Tivoli Turnhalle

Upcoming Event



THE BODY PROJECT

This student-led program helps women and femme students challenge beauty standards, boost self-esteem, and make new friends while building confidence with like-minded peers.

In two 2-hour sessions, this 4-hour workshop helps you:

- Resist cultural pressures
- Reclaim your time
- Build confidence and body satisfaction

REGISTER HERE



tinyurl.com/BodyProject24-25

Workshops

Wednesdays October 9th & 16th at 3:30-6pm

Tuesday November 12th & 19th at 3:30-6pm



Email jill.rubin@ucdenver.edu for questions about The Body Project for yourself or your organization.



Upcoming Event



Becoming Mexipino

Mexican and Filipino Mixed Identity

WEDNESDAY, OCTOBER 9, 2024. 12:30 – 1:45 PM
 ZOOM ID: 968 5349 6066 OR WATCH TOGETHER IN SCB 1401
 RSVP here: https://ucdenver.co.qualtrics.com/jfe/form/SV_e98D3z3PqmPtA.

LIGHT LUNCH PROVIDED. ALL ARE WELCOME!

Join us as Dr. Rudy Guevarra explores the unique social and historical connections between Mexican and Filipino communities. His presentation traces their shared history from Spanish colonialism to the creation of vibrant, multiethnic communities in the 20th century. Discover how these groups overcame racial barriers, formed close bonds, and forged a new, distinct identity known as Mexipino. Through personal stories and historical records, Dr. Guevarra reveals the enduring cultural ties that unite these communities.

Dr. Rudy Guevarra Jr. is the author of **Aloha Compadre: Latinx in Hawai'i and Becoming Mexipino: Multiethnic Identities and Communities in San Diego**. He is an Associate Professor at Arizona State University and his research, and interests include relational Ethnic Studies, Asian American Studies, Pacific Islander Studies, Filipinx American history, Chicana and Latinx Studies, U.S. labor and borderlands history, transnational and transpacific migration, race and food studies, Critical Mixed Race Studies, and oral history and memory.

 Ethnic Studies
 COLLEGE OF ARTS AND SCIENCES
 UNIVERSITY OF COLORADO DENVER

 Center for Identity & Inclusion
 UNIVERSITY OF COLORADO DENVER



COUNCIL OF ASIAN STUDENT LEADERS & KACFC PRESENTS

DISCOVER HOW CULTURAL IDENTITY SHAPES LEADERSHIP

and boost your confidence

10/10/2024 3:30-5:00

THE EVENT IS HYBRID: IN PERSON (SCB 1401)
 OR ZOOM ID: 942 5108 8224

Join us for an interactive session where we'll dive into how culture influences leadership style. We'll engage in hands-on activities, discuss the impact of the model minority stereotype, and tackle the fear of failure head-on. Through these experiences, you'll develop the confidence to lead in a way that feels true to who you are and overcome barriers that may be holding you back.

Facilitator- Erin Yoshimura (she/her) is the Principal of Empowerful Changes, LLC, and has empowered clients through executive leadership coaching and cultural intelligence training and consulting for over 20 years.

  Asian American Student Services
 CENTER FOR IDENTITY & INCLUSION
 UNIVERSITY OF COLORADO DENVER

 COUNCIL OF ASIAN STUDENT LEADERS



SASE & SCHOLARS COMMUNITY STUDY SESSION

sponsored by CII & TRiO office

TENTATIVE DATES

BI-WEEKLY

11:30 AM - 1:30 PM
 3:00 PM - 5:00 PM

- Sept 23 RM 2000 STUDENT COM
- Oct 7 RM 2000 STUDENT COM
- Oct 21 RM 2000 STUDENT COM
- Nov 4 RM 1401 STUDENT COM
- Nov 18 RM 2000 STUDENT COM
- Dec 2 RM 2000 STUDENT COM

 TRiO Student Support Services

 SASE
 SOCIETY OF ASIAN STUDENTS & SCHOLARS



Facing Imposter Syndrome

October 10, 2024

3:15-4:30 pm SCB 2000

Imposter Syndrome is defined as doubting and undeserving your achievement and success.



Women & Gender Equity in Leadership Summit

Together We Heal: Community Care
through Art, Activism & History

FRIDAY OCTOBER 25TH, 2024
9:30AM - 4:00PM
ST. CAJETANS

Join us for the Women & Gender Equity in Leadership Summit with an array of dialogic sessions and skill-based workshops that aim to empower, advocate, and develop a more just understanding of inequities that affect women and gender-expansive individuals. The theme, "Together We Heal: Community Care through Art, Activism & History," encompasses art, historic rights movements, iconic LGBTQ+ bands, and LGBTQ Fashion. Food will be provided.

REGISTER VIA QR CODE:

or

tinyurl.com/WGELS24



For more information, please contact
racheal.reed-maloney@ucdenver.edu or
erodri31@msudenver.edu

